

Ballona Creek

36.8 miles

| Leg | Dir | Type | Notes | Total |
|-----|-----|----------|--|-------|
| | → | Right | Turn right toward Palos Verdes Dr W | 0.1 |
| 0.0 | → | Right | Turn right onto Palos Verdes Dr W | 0.1 |
| 1.5 | ← | Left | Turn left onto Paseo Lunado | 1.6 |
| 0.2 | → | Right | Turn right onto Vía Anacapa | 1.8 |
| 0.0 | ← | Left | Turn left onto Paseo Lunado | 1.8 |
| 0.2 | ↑ | Straight | Continue onto Paseo Del Mar | 2.0 |
| 1.8 | ← | Left | Turn left onto Palos Verdes Dr W | 3.8 |
| 0.5 | → | Right | Turn right onto Vía Montemar | 4.3 |
| 0.5 | ← | Left | Turn left onto Vía Del Monte | 4.8 |
| 0.6 | ↑ | Straight | Continue onto Vía Campesina | 5.4 |
| 0.1 | ← | Left | Turn left onto Vía Chico | 5.5 |
| 0.1 | → | Right | Turn right onto Palos Verdes Dr W | 5.6 |
| 0.0 | ← | Left | Slight left to stay on Palos Verdes Dr W | 5.6 |
| 0.4 | → | Right | Turn right onto Camino de Encanto | 6.0 |
| 0.2 | ← | Left | Turn left onto Cll De Sirenas | 6.3 |
| 0.1 | → | Right | Turn right onto Paseo De La Playa | 6.4 |
| 0.2 | → | Right | Turn right | 6.6 |
| 0.1 | ← | Left | Turn left | 6.6 |
| 0.3 | ↑ | Straight | Exit the traffic circle onto Esplanade | 6.9 |
| 1.1 | → | Right | Turn right onto S Broadway | 8.0 |
| 1.2 | ← | Left | Turn left onto Carnelian St | 9.2 |
| 0.1 | → | Right | Turn right onto N Catalina Ave | 9.3 |
| 0.2 | → | Right | Slight right | 9.5 |
| 0.0 | → | Right | Turn right onto N Harbor Dr | 9.5 |
| 0.7 | ↑ | Straight | Continue onto Hermosa Ave | 10.2 |
| 1.8 | → | Right | Turn right onto Hermosa Ave | 12.0 |
| 0.0 | ← | Left | Turn left at North the Strand/The Strand | 12.0 |
| 0.0 | → | Right | Turn right | 12.0 |
| 0.6 | ← | Left | Slight left toward Marvin Braude Bike Trail | 12.6 |
| 0.3 | ↑ | Straight | Continue onto Marvin Braude Bike Trail | 12.9 |
| 1.1 | → | Right | Slight right to stay on Marvin Braude Bike Trail | 14.0 |
| 1.1 | ← | Left | Turn left | 15.1 |
| 1.3 | → | Right | Turn right toward S Marine Ave | 16.4 |
| 0.0 | ← | Left | Turn left onto S Marine Ave | 16.4 |
| 1.7 | → | Right | Turn right to stay on S Marine Ave | 18.1 |
| 0.0 | ← | Left | Turn left onto Trolleyway St | 18.1 |
| 0.2 | → | Right | Turn right onto Culver Blvd | 18.3 |
| 0.0 | ← | Left | Turn left onto Pacific Ave | 18.3 |
| 0.8 | ← | Left | Turn left onto Trolleyway St | 19.2 |
| 0.2 | ← | Left | Turn left to stay on S Marine Ave | 19.4 |
| 1.7 | → | Right | Turn right | 21.0 |
| 0.0 | ← | Left | Turn left | 21.1 |
| 0.1 | ← | Left | Turn left | 21.2 |
| 1.2 | → | Right | Turn right | 22.3 |
| 1.0 | ↑ | Straight | Continue onto Marvin Braude Bike Trail | 23.3 |

| | | | | |
|-----|---|----------|---|------|
| 0.1 | ← | Left | Slight left to stay on Marvin Braude Bike Trail | 23.4 |
| 2.0 | ← | Left | Turn left toward Hermosa Ave | 25.4 |
| 0.0 | → | Right | Turn right onto Hermosa Ave | 25.4 |
| 1.4 | → | Right | Turn right onto 7th St | 26.8 |
| 0.1 | ← | Left | Turn left onto The Strand | 26.9 |
| 0.5 | → | Right | Turn right onto N Harbor Dr | 27.4 |
| 0.7 | ← | Left | Turn left | 28.1 |
| 0.0 | ↑ | Straight | Continue onto N Pacific Ave | 28.1 |
| 0.1 | → | Right | Turn right onto N Catalina Ave | 28.2 |
| 0.7 | → | Right | Turn right onto Esplanade | 28.9 |
| 0.4 | → | Right | Turn right to stay on Esplanade | 29.3 |
| 1.1 | → | Right | Turn right | 30.4 |
| 0.0 | → | Right | Turn right onto Paseo De La Playa | 30.4 |
| 0.3 | ← | Left | Turn left onto Vía Riviera | 30.7 |
| 0.1 | → | Right | Slight right onto Calle Miramar | 30.8 |
| 0.1 | → | Right | Turn right onto Camino de Encanto | 30.9 |
| 0.5 | ← | Left | Turn left onto Paseo De La Playa | 31.4 |
| 0.0 | → | Right | Turn right onto Palos Verdes Blvd | 31.4 |
| 0.3 | → | Right | Slight right to stay on Palos Verdes Dr W | 31.7 |
| 4.9 | ← | Left | Turn left | 36.7 |
| 0.0 | ← | Left | Turn left | 36.7 |